

THE CUB REPORT

SAVC's Club Newsletter



December 2021

This is the final Cub Report for 2021.

This report will reflect on the year that's been and provide some insight into exciting events and plans for 2022.

SAVC committee would like to thank everyone at the club on their efforts, flexibility and understanding this year.

#savcdoesitbest



Merry
Christmas
and a
Happy
New Year

THIS ISSUE:

**WINTER SEASON
WRAP**

**SUMMER JUNIOR
LEAGUE UPDATE**

**MENTAL HEALTH
INITIATIVE**

2022 EVENTS

WINTER SEASON 2021 REVIEW

SAVL SENIORS

Looking back on this year's senior competition, even if the end result was not in our favour, it did not reflect the enthusiasm, effort and commitment everyone brought to the club this year. The division 2 men's and reserve women's teams finishing equal 3rd and the league women finished 2nd all teams battling it off against Mt Lofty to conclude their season. Thank you to all the spectators that came out and supported all SAVC teams throughout the year and in finals.

	Men	Women
League	5 th	2 nd
Reserve	6 th	3 rd
Division 1	7 th	8 th
Division 2	3 rd	

SAVL JUNIORS

The junior side of the club had a successful year with continuous feedback from coaches expressing how proud they were of the skills each player in their respective teams had developed throughout the season. Some of these skills included back court setting, improved game knowledge, ability to adapt during the game and scramble play. A big congratulations goes to the under 17 division 3 girls who took home a gold medal and the under 19 division 1 and division 2 boys who each took home a silver medal. Our juniors are the future of this sport so we look forward to seeing everyone out again for the winter season next year.

Boys		Girls	
Team	Position	Team	Position
Under 19 Div 1	2 nd	Under 19 Div 1	8 th
Under 19 Div 2	2 nd	Under 17 Div 1	5 th
Under 17 Div 1	7 th	Under 17 Div 2	4 th
Under 17 Div 2	8 th	Under 17 Div 3	1 st
Under 15 Div 2	3 rd		

AWARDS NIGHT

SAVL SENIORS

Nathan Roberts secured head coach for the women's program again for 2021 and Elke Jarvis was welcomed as the new head coach of the men's program. Thank you to all other coaches and the support crews that came out to each game! At VSA awards night we saw two SAVC senior players receive an award. A big congratulations goes to:

Imogen Birt

Reserve Women's MVP

Sarah Gould

Women's All Star 7

SAVL JUNIORS

Congratulations to all teams this year! Big thank you to all the players, parents and coaches' efforts each week. Special thank you to Macca Harvey, Mel Brown Beth Wilkinson, Isaiah Meredith, Sam Riley and Mitch Isaacs for your help at trials and games

Most Valuable Player

Seniors

League Men

Division 1 Men

Ryan Dagg

Ben Sehic

League Women

Division 1 Men

Elke Jarvis

Caleb Jones

Reserve Men

Division 1 Women

Kyle Miecinski

Bethany Wilkinson

Reserve Women

Division 2 Men

Ella McCauley

Mitch Isaacs

Juniors

U19 Div 1 Boys

U19 Div 1 Girls

Dane Van Gasteren

Claire Yallup-Cross

U19 Div 2 Boys

U17 Div 1 Girls

Calvin Oxenberry

Shayla Wilkinson

U17 Div 1 Boys

U17 Div 2 Girls

Alex Parmiter

Zara Lord-Riley

U17 Div 2 Boys

U17 Div 3 Girls

Saurav Bidari

Mikayla Ross

U15 Div 2 Boys

Jethro Johnson

Panther Award

The Panther award is given to a player chosen by the coaches who shows grit, backbone, determination and unwavering fight throughout the whole season.

This year winner is...

Elke Jarvis

Craig "Slugger" Watson Award

The Craig "Slugger" Watson Award is given annually to a club member who goes above and beyond for the club in that calendar year volunteering in many roles on and off the court.

This year winner is...

Sarah Gould

Senior Most Improved

League Men

Jesse Stone

League Women

Rachel Roach

Reserve Men

Jack Stock

Reserve Women

Jade Winchester

Division 1 Men

Isaiah Meredith

Division 1 Women

Abbie Alabaster

Division 2 Men

Lachie Webb

Senior Coaches Award

League Men

Branden Miecinski

League Women

Simone Schubert

Reserve Men

Stephen Barber

Reserve Women

Sarah Ford

Division 1 Men

Daniel Johnstone

Division 1 Women

Maddie Stevens

Division 2 Men

Dan Tahir

Junior Most Improved or Coaches Award

U19 Div 1 Boys

Rovin Ortega

U19 Div 2 Boys

Jasper Marcel

U17 Div 1 Boys

Tyrone Lloyd

U17 Div 2 Boys

Heinrich Dreyer

U15 Div 2 Boys

Caleb Nicolle

U19 Div 1 Girls

Madeleine Gibbins

U17 Div 1 Girls

Bonnie Dohnt

U17 Div 2 Girls

Anna Jacobs

U17 Div 3 Girls

Kiara Balmer

JUNIOR SUMMER LEAGUE

This year's summer league has kicked off with a bang. We've had an abundance of eager players come out into the season this year with hopes of taking the podium position. With such a great mix of all skill levels, it's been an absolute pleasure to watch how the players have improved in such a short amount of time. The first half of the season ended on some pretty promising outcomes, with a few of the teams dominating the opposition. Will they be able to continue they're triumphant streak? We look forwards to finding out in the second of half of the season commencing on the 4th February 2022!

Division	Team	Position
Boys/Mixed Elite	SAVC 1	7 th
Boys/Mixed Intermediate	SAVC 2	3 rd
	SAVC 3	5 th
Girls Intermediate	SAVC 4	4 th
	SAVC 5	8 th
	SAVC 11	6 th
Boys/Mixed Recreational	SAVC 6	1 st
	SAVC 7	7 th
Girls Recreational	SAVC 8	10 th
	SAVC 9	3 rd

Mental Health Initiative

At the last MHI meeting the committee outlined some activities based around their 6 main pillars to improve mental health awareness and support at SAVC for 2022:

1. **Support Auslan Night**
2. **Focus on teamwork; build resilience and promote wellbeing**
3. **External activities; aesthetic fitness and West Beach adventure**
4. **Run mental health training course**
5. **Offer check in mental health support thought the season**



**VOLUNTEERS
NEEDED**

The 2022 committee is searching for volunteers to step into the following roles:

Social Media Officer

Events and Fundraising Officer

The club cannot run and be successful without help from current members so please reach out to Trent or Kim if you can help.

2022 EVENTS

WARRNAMBOOL SEASIDE TOURNAMENT

Each year SAVC travel to Warrnambool on the March long weekend to participate in the Annual Seaside Tournament. If you would like to attend, please let Trent know as nominations for this tournament have already opened. The dates for the tournament are 12th-14th March.

PRESEASON

Senior preseason will look a little different next year. Preseason will start on the 25th of January 2022 and will run over 4 weeks. Each week there will be a fitness session run by Pete Bawhey and a volleyball session. Sessions at Aesthetico fitness will also run on a Saturday morning at 9am starting from the 29th January which will be compulsory for players who are trailing for reserve or league teams.

35th ANNIVERSARY CELEBRATIONS

2022 will be SAVC's 35th anniversary and the committee have already commenced planning for this event. If you would like to be involved in planning this special event, please contact Trent or Kimmy.

Senior Coaches 2022

Coaching applications for the senior side of the club is available via the link found on the South Adelaide Volleyball Club Panthers Facebook page. If you are interested in coaching, please complete the form ASAP

DO YOU NEED A NEW PLAYING TOP?

Please let Michael Bonser know ASAP



All senior and state league junior coaches this year will need a level 2 coaches' qualification. VSA will likely run this course in April. Please complete the expression of interest form on VSA website if interested.